

WHATS ON IN YOUR LOCAL COMMUNITY HUB THIS WEEK...

Come and join us at your local Community Hub, where you can access advice and support from various service providers.

No need to book; turn up on the dates/times below!

Where	Date	Time	Service Providers
Parsloes Community Hub Kingsley Hall Community Centre Parsloes Avenue, RM9 5NB	THUR 8 FEB 2024	10am-12pm	Family Hubs
	FRI 9 FEB 2024	11am-1pm	UEL
Eastbury Community hub John Smith House Bevan Ave, Barking IG11 9LL	MON 5 FEB 2024	2.30pm-4.30pm	UEL
	THUR 8 FEB 2024	10am-12pm	Parenting Programme
	FRI 9 FEB 2024	11am-4pm	EERC
Northbury Community Hub Al Madina Mosque 2 Victoria Rd, Barking, Ilford IG11 8PY	MON 5 FEB 2024	11.30am-1.30pm	UEL
	TUE 6 FEB 2024	10am-12pm	Family Hubs
	TUE 6 FEB 2024	1pm-3pm	EH Collective

Service Provider Details

Family Hubs - Providing information and guidance around family hubs and their services under initiatives like Start For Life, 0-5 offer, Parenting Programmes and more!

Home & Money Hub - Providing advice if you struggle to pay rent or maintain your home.

University of East London (UEL) - One-to-one or group support for people considering studying at the UEL. Pre-entry short courses (for those with no or few qualifications available) and Foundation Degrees, Honours Degrees, and Postgraduate Degrees.

Better Life Survey - Want to hear your views by completing the Better Life Survey with them?

BD Money - Providing information and guidance around money and debt.

Parenting Programme SFSC - Providing information about their 13-week evidence-based parenting programme Strengthening Families Strengthening Communities. It helps parents improve family relationships, manage stress and make discipline work.

East European Resource Centre (EERC) - MMR information drop-in session, outreach and engagement with the local community.

Early Help Collective - Drop-in advice service for families to be signposted or referred to EH Collective where appropriate. Promoting - LifeLine Projects, Sycamore Trust, Barking Enterprise, and Safe Families.